Name:

Age:

Population Segment:

Radial diagram labels (clockwise from top): health attitude, healthcare experience, health/condition knowledge, system navigation, physical impacts, mental impacts, number of conditions, management burden, resilience & coping strategies, roots / history, technology, home / environment, lifestyle / situation, socioeconomic, caring / responsibilities, social / support

Summary	"
	𝟗𝟗
	Needs:
	Agency & capacity:
	Key problems:

Person & context

Person & context

Age:

Gender:

Marital status:

Dependants:

Ethnicity:

Religion:

Socioeconomic status:

Housing:

Self

Illness identity:

Values:

Stressors:

Mindset:

Goals:

History

Current Activities

Work:

Leisure:

Key touchpoints:

everyday   *health*

objects &
technology

people &
services

places
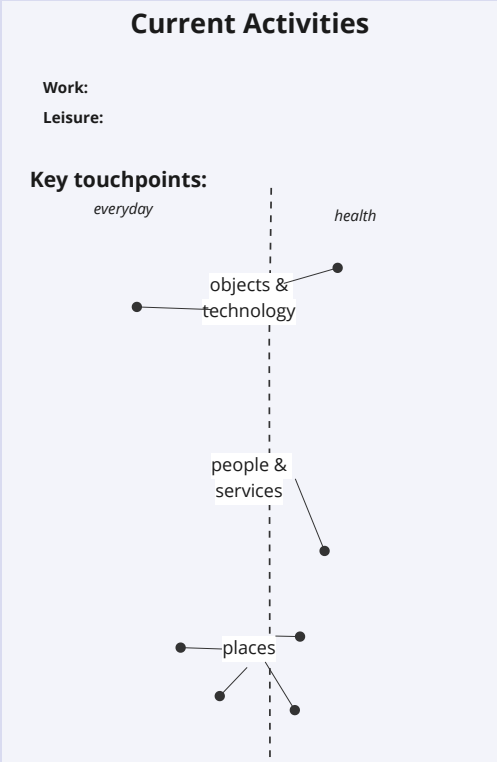
Support

		Family & significant other(s)	Friends & work	Community	Health & care system
high	Spirituality				
med					
low					
(0) none					
low					
med					
high					

(+) positive   *(−) detrimental*

Technology

attitude
sceptic   *advocate*

exposure
low   *high*

confidence
hesitant   *savvy*

Health

Health timeline

birth
0 years

now

ME

Fibromyalgia

Hypothyroidism

Kidney disease

Liver disease

PTSD
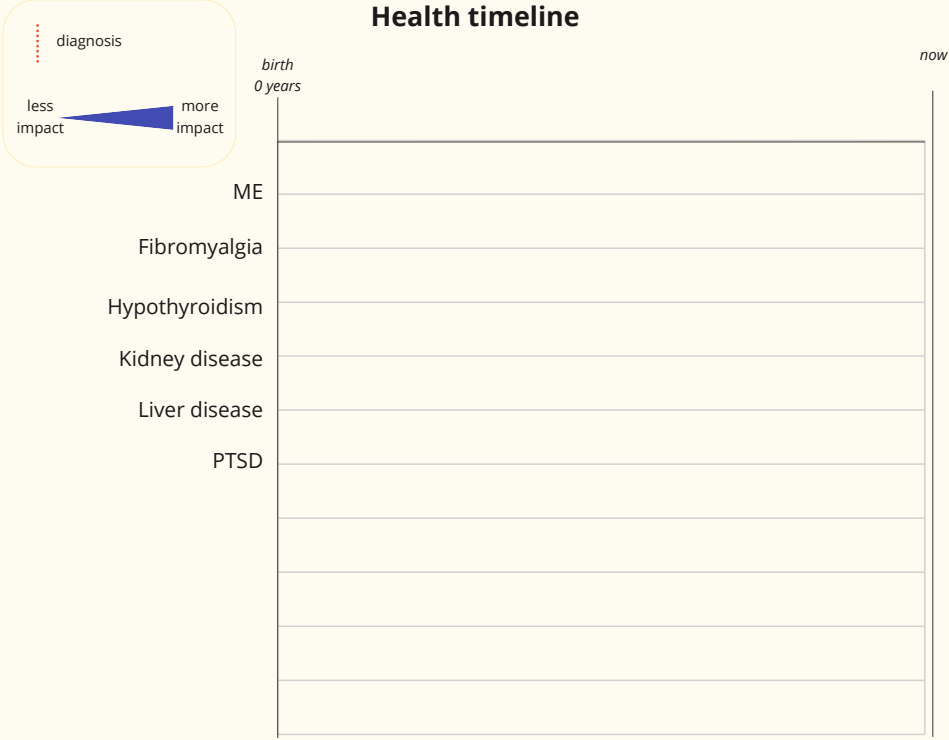
Impacts
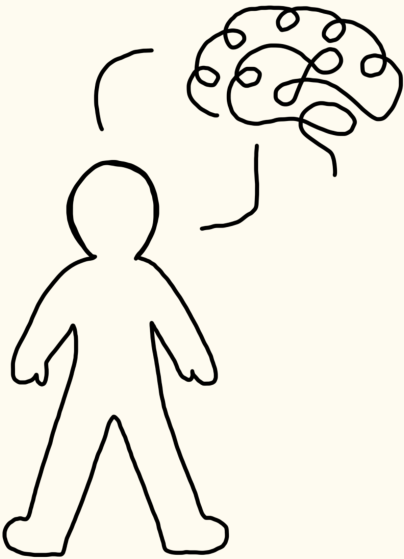
Management

Things they have used to help manage their conditions/symptoms.

❌ unhelpful
✅ helpful

past

present

Patienthood

Health attitude

Personal attitudes towards various aspects of health.

	General health & wellbeing	Conditions	Treatment	Health & care system
positive **+**				
neutral				
negative **-**				

Health experience

Experiences and narratives relating to various aspects of living with MLTC.

	Conditions	Treatment	Social	Health & care system
positive **+**				
neutral				
negative **-**				

Navigation

Condition information

How much information do they engage with about their conditions?
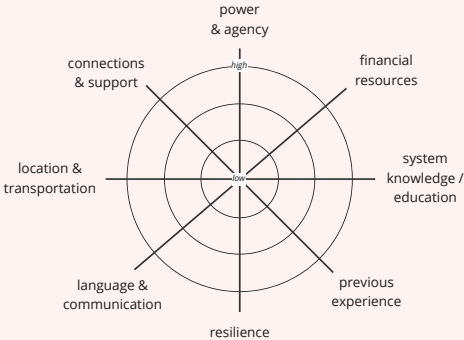
none   *lots*

Sources of information:
Online forums

Condition knowledge

What level of knowledge do they have of each of their conditions, and their combination/interaction?

low   *expert*

System navigation

Capacity to effectively navigate health & social care system(s) and access necessary resources, treatments, and support.

Radar chart axes: power & agency, financial resources, system knowledge / education, previous experience, resilience, language & communication, location & transportation, connections & support. (scale: low to high)